LIVIN' ON LIFE'S



FACILITATOR INSTRUCTIONS

A personal budgeting activity based on real choices and real costs.

Great for students from middle-school through adults preparing to live independently!

Best for groups up to 50.



FACILITATOR INSTRUCTIONS

LIVIN' ON LIFE'S MONEY PIE™ Personal Budgeting Activity Instructions

GOAL: Students choose living expenses that they can afford based upon their given employment

PURPOSES: The goal is to get the students to 1) understand how lifestyle choices affect their spending plan, 2) reinforce the notion that income is a finite resource, 3) realize that every financial choice affects their capacity to purchase other items or pay for other activities (opportunity cost), and 4) associate education, training, work hours and work seasons with total annual income

INSTRUCTIONS

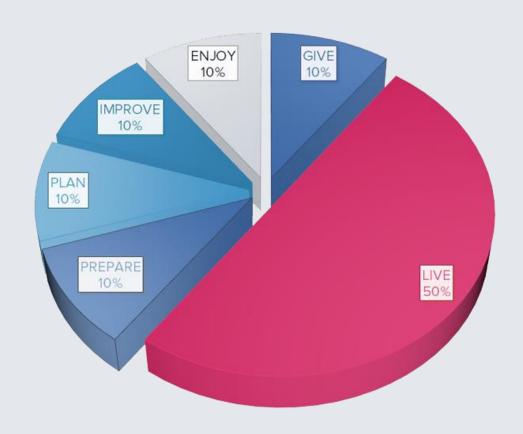
- Consider using the companion Microsoft Word document to update the incomes and the expenses based upon your local cost of living. The current scenarios are based on a Capital City with a commuting Suburb County that has lower living expenses but higher transportation costs.
- 2. Blue Job Cards = Jobs typically requiring a high school diploma
 Pink Job Cards = Jobs requiring a certificate or associates beyond high school
 Purple Job Cards = Jobs requiring a bachelor's degree or higher
- 3. Depending up on the size of your class and your goals, you may use a single set of job cards (e.g. high school diploma for teaching immediate post-graduation skills), two or all three sets. You may make copies of the job cards for classroom use or download them for free from MoneyFit.org.
- 4. Pass out the *Income & Expense Workbook* to the students.
- 5. Explain to the students their mission: Determine how to live the life they want on the income that comes with the job you will be assigning them. If they can keep their expenses below their income, they will achieve financial stability and security. Spending more than they earn will result in credit card and other debts that will lead to instability, anxiety and frustrations. Help them understand that the workbook is based on figures in their area and that is does not contain all possible expenses they could have each month. The cost of living will vary greatly depending upon where they live and the size of their household (e.g. spouse, children, roommates). It may interest you to know that well over half of American households spend at least every dollar they earn. This is termed, "living paycheck-to-paycheck."
- 6. Before passing out the job cards, ask the students NOT to write on them. Distribute the cards randomly or strategically, based upon your goals with each student.
- 7. Step the students through the process of determining their monthly income. For simplicity's sake, explain that the listed incomes are "net," meaning AFTER taxes (income, Medicare and Social Security) are deducted. They are also not starting salaries. They are typical salaries after 5 to 15 years of experience in the career.
 - $Daily\ Income\ x\ Days\ Worked\ per\ Week\ x\ 50\ Work\ Weeks\ per\ Year\ (accounting\ for\ 2\ weeks\ of\ vacation)\ \div\ 12\ Months = Monthly\ Income$
- 8. Next, have the students choose at least one option from each household expense.
- 9. Student should then total up their expenses at the bottom of the blue table.
- 10. Students then transfer their income total (pink table) and expenses total (blue table) to the purple table at the end of their worksheet to determine if they are able to afford their purchases and bills.
- 11. If students are unable to pay their bills and make necessary and important purchases using the income from their full-time job card,
 - o instruct them to revisit their expenses and adjust where possible until their expenses fit within their income.
 - Optional: explain that they may consider additional income or ask for assistance from other taxpayers (state assistance). See MoneyFit.org for "Extra Income Cards" download. Students should consider the demand of extra work on their time. Some full-time jobs already take 10 to 12 hours a day and would not allow for much of a side gig income.

Follow Up Questions/Observations:

- Which, of all the expenses, could you not survive without? Why not?
- What are some possible negative consequences of spending more than you earn each month? (debt, added interest takes money away from other purchases, collection calls, bankruptcy...)
- Which purchase surprised you the most? Hurt your budget the most?
- o If you were to do this over again, which expenses would you keep, and which would you dump?
- Did you notice that some jobs that required a college degree earned less than some jobs that only require a certificate or associate's (2-year) degree? Is that fair? Why do incomes vary? What income trends do you notice as training and education increases?



LIVIN' ON LIFE'S MONEY PIE



INCOME & EXPENSE Workbook



A Nonprofit Organization

6213 N Cloverdale Rd Ste 100 • Boise ID 83713 Tel: (800) 432-0310 • Fax: (208) 685-1058 www.MoneyFit.org

Household Budget Worksheet

Instructions: Before being dealt your Income Card, complete the "Family Unit" section.

After being dealt your Income Card: 1. Figure out your monthly income and add it to the first table, then sum all Incomes, 2. In section two, circle the expenses you choose to have in your life and add all expenses to the end of the table, 3. Add your Income Total to the final table, subtract your Expense Total, and you are left with the total dollar amount you project having left over at the end of the month. If the figure is negative, you are spending more than you earn and will need to get a second job or cut out expenses (or both).

I. HOUSEHOLD UNIT AND DETAILS		
Choices		Answers
How many adults are there in your home?	Self	1
	Spouse/Partner	
How many children do you have in the home?		
Where do you want to live?	☐ Capital City☐ Rural County	
What will you do for transportation?	□ Car/Motorcyc□ Truck/SUV□ Public Transp	
Do you have a pet?	□ No □ Cat □ Small Dog	□ Big Dog

Income Sources	Options from Cards	Tips, Notes, Recommendations
Primary Income (stable)	My Work Income:\$ Other Adult Income:\$	
Assistance (stable)	• State:\$\$ • Family:\$\$ • Other:\$	
Secondary Income (less stable)	My Income:\$ Other's Income:\$ Child Support:\$	2nd Job, Food Delivery, Online Business, Blogging
Extra Income (infrequent stable)	My Income:\$ Other's Income:\$	Plasma donation, Cookie / Lemonade Stand, Online Sales (NEVER use for bills)
TOTAL INCOME	\$	

III. HOUSEHOLD	EXPENSES		
Household Expense (choices)	Choices with Cost / Range	Cost of Choice	Tips, Notes, Recommendations
Rent* for 1- bedroom Apartment (1+)	Capital City Base Price: \$1,000 Rural County Base Price: \$750 Upgrades For each extra bedroom, add: \$200 Unit Condition: Older Mobile Home, subtract: \$500 Livable: \$500 Best/Exclusive, add: \$800 For single-family home instead of apartment, add: \$400	\$	Websites: Craigslist (Beware of Scams), Rent.com, Apartment.com, Apartments.com, ForRent.com, PadMapper.com, Rent.com, Trulia.com, Zillow.com Call Apartment Directly Local Property Management
Utilities- Electricity*	Level Pay Per Month\$60	\$	



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Utilities-Heat*	Level Pay Per Month	\$50	\$	Natural Gas or Oil
Utilities-Water /	Capital City:		_	City utilities are sometimes part of rent
Sewer / Trash*	Rural County:		\$	
Utilities-Internet (1)	Satellite: Cable:		\$	Work to purchase your own equipment to avoid \$10 monthly rental (\$120/year)
Utilities-Cell Phone (1)	Straight Talk per phone: Sprint per phone: Verizon per phone:	\$35 \$50	\$	Avoid adding cost of new cell phone handsets to monthly plans. Make do until you have saved up to purchase outright.
Television (1+)	Antenna Only: Basic Cable/Satellite: Expanded Cable/Satellite: Add Sports & Movies:	\$0 \$50 .\$ 1 00	\$	Over-the-air is still free, if you live in location with good reception. Otherwise, consider movie options.
Movies / Entertainment (1+)	Hulu: Amazon: Netflix:	\$8 \$9	\$	Consider your family habits and that many movies are found on more than one of these services.
Emergency Savings Fund (1)	5% of Monthly Income:\$10% of Monthly Income:\$15% of Monthly Income:\$		\$	For expenses such as replacing appliances or furniture, for unexpected medical issues, car repairs, etc.
Christmas Fund	Per Person:	\$20	\$	\$20 a month will equal \$240 a year
Groceries (1)	Sales Shopper per Person: Supermarket per Person: Organic Only per Person:	.\$150	\$	TIP: Buy and store food in bulk when it's on sale; adjust your menu to items on sale
Vehicle Payment (1)	Used \$5,000 Used \$10,000 New \$20,000 New \$30,000	.\$100 \$200 \$300	\$	There is a reason 70% of millionaires buy used: they know new cars are not good financial moves. Leasing cars is even worse.
Vehicle Gasoline (1)	Capital City Car: Capital City Truck/SUV: Rural County Car: Rural County Truck/SUV:	\$50 .\$100 \$200	\$	Based on Car 34 MPG Based on Truck/SUV 17 MPG Consider Vanpool or Rideshare
Vehicle Oil Changes (1)	Capital City Car: Capital City Truck/SUV: Rural County Car: Rural County Truck/SUV:	\$10 \$15 \$15	\$	Between 3 and 5 months or 3k and 5k miles driven Based on basic shop service
Vehicle Tires (1)	Capital City Car: Capital City Truck: Rural County Car: Rural County Truck:	\$8 \$20 \$12	\$	Based on 50k mile tread wear. Tip: Rotate your tires regularly.
Vehicle Insurance (1)	Capital City: Rural County:	\$60	\$	Higher rates can result from lower credit rating, a history of accidents/tickets, and rural residence
Health Insurance Premium (1+)	Through State Market: Through Employer: Add per Child:	\$25 . \$1 00	\$	State-markets will offer subsidies only IF your employer does not offer insurance. Otherwise, they will be more expensive.
Renters Insurance (1)	Monthly:		\$	NOTE: This is not required by should be.
Childcare (1)	With State Assistance: School-based (per Child)	\$800	\$	Assistance may range from partial to total coverage. Check with employer as well.
Entertainment (1)	Movies:	\$20	\$	Based on 3 tickets at Tuesday night special
Dining Out (1)	Per Weeknight Out:	\$30	\$	Based on 2 Carry Out Pizzas
Generosity / Donations (1)	• 1% of Income\$_ 5% of Income\$_		\$	Establish your priorities, including programs, individuals, church, population helped, etc.



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	10% of Income\$ 12% of Income\$	
Student Loans (1)	• Student Loan (see note+):\$250	\$ If your job required a college degree (pink or purple job card), include student loan debt.
Clothing (1)	 Thrift Store per Person:	\$ TIP: These figures should include back-to-school shopping for children.
Personal Care (1)	Per Household Member: \$10	\$ Deodorant, tooth paste, feminine hygiene
Coffee (1)	Non-drinker: \$0At Home Daily: \$30Gourmet Shop Weekdays: \$100	\$ An extra \$70 a month (\$840 per year) is a lot to pay for "free" Wi-Fi at the shops.
Energy Drinks (1)	• Non-drinker: \$0 • 1 Can Per Day: \$100 2 Cans Per Day: \$200	\$ Keep in mind the health risks associated with these highly caffeinated drinks
Alcohol (1)	 Non-drinker: \$0 Weekends Casual: \$30 Daily (2 cans at home) \$60 Daily (2 drafts at Bar): \$300 	\$ Consider your health, financial and social priorities with such decisions.
Cigarettes (1)	 Non-smoker:\$0 1 Pack per Day:\$185 2 Packs per Day:\$370 	\$ One pack a day at \$6 per pack is over \$2,200 per year (that could pay for a nice trip for two every year)
Pet Food (1+)	 Per Cat: \$20 Per Small Dog: \$25 Per Big Dog: \$40 	\$
Pet Care (1+)	Monthly Plan per Cat: \$15Monthly Plan per Dog: \$35	\$
Birthday Gift Fund (1)	• Per Person\$15	\$ Resist the pressure to throw a "bigger and better" party than your neighbors'.
TOTAL EXPENSES	\$	

*Security Deposit likely required

IV. HOUSEHOLD BUDGE	T SUMMARY	
Item	Total	Resources (Notes)
Total Monthly Income (from Pink Table)	\$	
	minus (–)	
Total Expenses (from Blue Table)	\$	
TOTAL (=)**	\$	

**If this total is less than zero, you will need to earn more, spend less, or work out a combination of the two. Otherwise, you will have to resort to debt in the short-term, which leads to long-term financial dysfunction.

Teacher

9 hours per weekday 5 days per week \$175 per day

\$ 	Day x _	Days/Week
\$ /	= Week x {	50 Work Weeks
	= \$	_/Year
	÷ 12	2
\$	= Mon	thly Income

Software Engineer

8 hours per day 5 days per week \$350 per day

\$_	/Day x Days/Weel
	=
\$	_/Week x 50 Work Week
	=
	\$/Year
	÷ 12
	=
	\$ Monthly Income

Registered Nurse

12 hours per day 3 days per week \$480 per day

\$_		/Day x Days/Weel
		=
\$		_/Week x 50 Work Week
		=
		\$/Year
		÷ 12
		=
	\$_	Monthly Income

Accountant

9 hours per day 5 days per week \$230 per day

\$_		/Day x	Days/Week
		=	
\$		/Week x 5	0 Work Weeks
		=	
		\$	/Year
		÷ 12	2
		=	
	Φ	Mont	hly Incomo

Social Media Manager

8 hours per day 5 days per week \$195 per day

Dentist

9 hours per day 4 days per week \$840 per day

\$_	/Day x Days/Week
	=
\$_	/Week x 50 Work Weeks
	=
	\$/Year
	÷ 12
	=
	\$ Monthly Income

Surgeon

12 hours per day 5 days per week \$1,900 per day

Engineer

8 hours per day 5 days per week \$480 per day

Attorney

12 hours per day 5 days per week \$540 per day

Livin' on Life's **Money Pie**

Full-time Work Income Card College Graduate

Money Fit >

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Livin' on Life's **Money Pie**

Full-time Work **Income Card** for College Graduate

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Full-time Work **Income Card** for College Graduate

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Full-time Work **Income Card** for College Graduate

Dental Assistant

8 hours per weekday 4 days per week \$120 per day

\$	/Day x Days/Week
\$ <u></u>	= /Week x 50 Work Weeks
	= \$/Year ÷ 12
	÷ 12 =
\$	Monthly Income

Radiation Therapist

8 hours per day 5 days per week \$300 per day

\$_	/Day x Days/Week
	=
\$_	/Week x 50 Work Week
	=
	\$/Year
	÷ 12
	=
	\$ Monthly Income

Web Developer

10 hours per day 5 days per week \$250 per day

\$_		/Day x Days/Week
		=
\$_		/Week x 50 Work Weeks
		= \$ /Year
		÷ 12
		=
	\$_	Monthly Income

Emergency Medical Tech (EMT)

8 hours per day 5 days per week \$135 per day

\$_		/Day x Days/Week
\$		= /Week x 50 Work Weeks
		= \$/Year ÷ 12
	\$_	= Monthly Income

Ultrasound Tech

8 hours per day 5 days per week \$260 per day

Bookkeeper

8 hours per day 5 days per week \$160 per day

\$ /D	ay x	_ Days/Week
	=	
\$ /W	eek x 50	Work Weeks
	=	
\$_	/\	⁄ear
	÷ 12	
	=	
\$	Month	ly Income

Auto Mechanic

8 hours per day 5 days per week \$155 per day

Truck Driver

10 hours per day 5 days per week \$170 per day

Cosmetologist

8 hours per day 5 days per week \$95 per day

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Full-time Work Income Card with Certificate or Associate's Degree

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Livin' on Life's **Money Pie**

Full-time Work **Income Card** with Certificate or Associate's Degree

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Full-time Work Income Card with Certificate or Associate's Degree

Money Fit **>**

Livin' on Life's **Money Pie**

Full-time Work **Income Card** with Certificate or Associate's Degree

Childcare Provider

9 hours per weekday 5 days per week \$90 per day

\$	/Day x Days/Week
\$	= /Week x 50 Work Weeks
	= \$ /Year
	÷ 12
Ф	= Monthly Income

Landscaping

8 hours per day 5 days per week \$135 per day

\$	/Day x _	Days/Week
_	=	
\$	/Week x	50 Work Weeks
	e =	Maar
	\$ ÷ 1	_/Year
	÷ 1	2
\$	- S Mon	thly Income

Food Delivery

8 hours per day 5 days per week \$95 per day

\$_		/Day x Days/Week
\$		= /Week x 50 Work Weeks
		= \$ /Year
		÷ 12
		=
	\$_	Monthly Income

Restaurant Server

8 hours per day 5 days per week \$120 per day

\$_		/Day x Days/Week
_		=
\$		/Week x 50 Work Weeks
		= \$/Year
		÷ 12
		=
	Φ	Monthly Income

Substitute Teacher

7 hours per day 5 days per week \$80 per day

House Cleaner

8 hours per day 5 days per week \$110 per day

\$	/Day x Days/Week
	=
\$	_/Week x 50 Work Weeks
	=
	\$/Year
	÷ 12
	=
\$	Monthly Income

Window Cleaning

9 hours per day 5 days per week \$160 per day

Pet Sitter

10 hours per day 5 days per week \$130 per day

Errand Service

8 hours per day 5 days per week \$85 per day

Livin' on Life's **Money Pie**

Full-time Work **Income Card** with High School Diploma Only

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Full-time Work **Income Card** with High School Diploma Only

Baby Sitter

= \$_____/Week x 50 Work Weeks

\$_____ Extra Monthly Income

Lawn Mower

2 hours per job 3 jobs per Saturday \$15 / job

\$____/Job x ____ Jobs/Week

\$____/Week x 50 Work Weeks

\$____ Extra Monthly Income

Lemonade Stand

2 hours per Saturday \$15 / hour

\$____Jobs/Week

\$_____/Week x 50 Work Weeks

\$_____ Extra Monthly Income

Math Tutor

1 hour per job 5 jobs per week \$10 / hour

\$_____/Job x ____ Jobs/Week

\$____/Week x 50 Work Weeks

\$_____ Extra Monthly Income

Mobile Car Washer

1 hour per job 4 jobs per Saturday \$6 / job

\$____/Job x ____ Jobs/Week

\$____/Week x 50 Work Weeks

\$_____ Extra Monthly Income

Document Scanner

1 hour per job 5 jobs per week \$8 / job

\$____/Job x ____ Jobs/Week

\$____/Week x 50 Work Weeks

\$____ Extra Monthly Income

Pooper Scooper

30 minutes per job 6 jobs per Saturday \$6 / job

\$____/Job x ____ Jobs/Week

\$ /Week x 50 Work Weeks

\$_____ Extra Monthly Income

Dog Walker

30 minutes per job 6 jobs per week

\$5 / job

\$____/Job x ____ Jobs/Week

\$____/Week x 50 Work Weeks

\$_____ Extra Monthly Income

House Cleaner

2 hours per job 2 jobs per Saturday

\$15 / job

\$____/Job x ____ Jobs/Week

\$____/Week x 50 Work Weeks

\$____ Extra Monthly Income

LIVIN' ON LIFE'S **MONEY PIE**

Part-time Income Card

Money Fit >

LIVIN' ON LIFE'S **MONEY PIE**

Part-time Income Card

Money Fit >

LIVIN' ON LIFE'S **MONEY PIE**

Part-time Income Card

Money Fit >

LIVIN' ON LIFE'S **MONEY PIE**

Part-time Income Card

Money Fit > By DRS, Inc.

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