

MY SAVINGS PLAN



SET MY SAVINGS GOAL

1 My life will be better once I've saved up to...

What's your savings goal?

And once I do, I'll feel...

How will you feel? Where will you be? What will you be doing? How will the people you love feel?

2

I'll save every _____, and I'll save _____.

How often can you save?

3

How much is easy to save?

4

That adds up fast! It'll be _____ after a year!

How much does that add up to?



BRAINSTORM COST-CUTTING IDEAS

5 Here are some ways I can reduce my costs to find savings:

What are some specific ways to reduce costs?

- _____
- _____
- _____
- _____
- _____

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MAKE A CHANGE.

Capital One



CREATE MY SAVINGS PLAN

6 From #5 on the back, pick the idea that you think will be the best fit for you:

What can you do to save that's both easy and has a big impact?

7 Now break it down into two steps:

Step 1:

What do you need to do first?

Where:

Where can you do this?

When:

at

What time?

With whom:

Who can help you?

Step 2:

What do you need to do next?

Where:

Where can you do this?

When:

at

What time?

With whom:

Who can help you?

8 Once I've saved the money, I'll make my first deposit:

\$ on in

Amount

Day/Date/Time

Secure location

9 I may face problems doing #7 or #8 above, but I can plan ahead:

If I face:

What could get in my way?

Then I will:

How do I get around it?

10 And I'll put my reminder

Where are you most likely to see this?